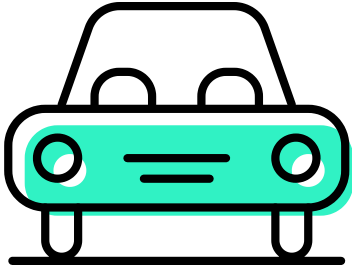


HFNY Safety Tips

Car Safety During Winter Months



1

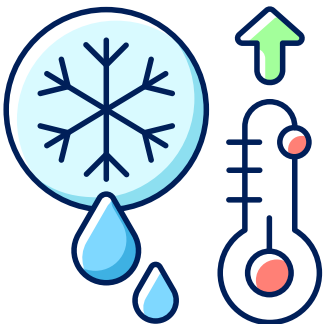
Ensure your car is ready for winter travel

- Check antifreeze level and have radiator system serviced
- Replace worn tires and check tire air pressure
- Keep gas tank full to avoid ice in tank and fuel lines
- Keep a windshield scraper and small broom in car for ice and snow removal

2

Have a winter car emergency kit

- Prepare a winter emergency kit to keep in your car. The kit should include:
 - Cell phone, portable charger, and extra batteries
 - Items to stay warm (extra hats, coats, mittens, blankets, or sleeping bags)
 - Food and water
 - Booster cables, flares, tire pump, and a bag of sand or cat litter (for traction)
 - Compass and maps
 - First-aid kit and plastic bags (for sanitation)
 - Refresh kit as needed



3

Keeping babies warm in the car

- When you put your infant in their car seat, you should remove any fluffy layers, like a winter coat
- A thin, fitted sweater or thin fleece jacket with a blanket will be suitable for most climates
- After your baby is harnessed in their car seat, you can tuck a blanket around them (or a backward facing coat) to cover them up

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SOURCES: Centers for Disease Control and Prevention. (2019, February 4). *Preparing for a winter storm|winter weather*. Centers for Disease Control and Prevention.
Centers for Disease Control and Prevention. (2020, December 21). *Infographic: Be ready! Winter Weather*. Centers for Disease Control and Prevention.
Centers for Disease Control and Prevention. (2022, December 12). *Stay safe and healthy in Winter*. Centers for Disease Control and Prevention.
Centers for Disease Control and Prevention. (2022, October 14). *Child passenger safety*. Centers for Disease Control and Prevention.
Winter car seat safety - nationwide children's hospital. Nationwide Children's. (2022, February 3).
Winter safety tips. The State of New York. (n.d.).

4

Warming up your car

- If you're going to warm up your car, drive it onto the driveway or street and close the garage door
- Warming your car up in the garage – even with the garage door open – can lead to carbon monoxide poisoning for people in the car, garage, and house, if it's attached to the garage
- If your car is parked outside, consider leaving your child inside with a trusted adult while you clear the snow and ice off



5

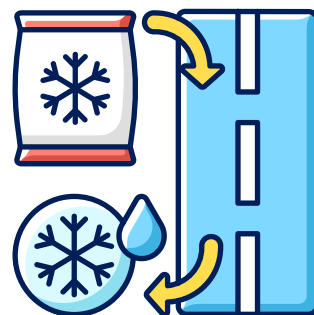
Car seats

- Make sure children are properly buckled in a car seat, booster seat, or seat belt—whichever is appropriate for their age, weight, and height.
- Use a rear-facing car seat from birth until ages 2–4
- After outgrowing their rear-facing car seat, use a forward-facing car seat until at least age 5
- After outgrowing their forward-facing car seat, use a booster seat until the seat belt fits properly

6

Planning to travel

- When planning travel, be aware of current and forecast weather conditions.
- Avoid non-essential travel when the National Weather Service has issued advisories
- If you must travel, inform a friend or relative of your proposed route and expected time of arrival
- Schedule extra time for winter travel, and be patient during ice and snow removal operations



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